

Planning Mental Health Dementia Services Easy Read



What is Easy Read information?

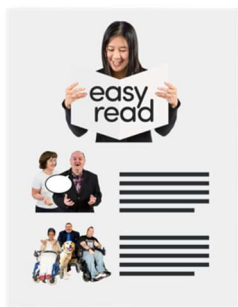


This is an **Easy Read** version of some information. It may not include all of the information but it will tell you about the important parts.



Understand

Easy read information is a way of making information easier to understand.



This Easy Read booklet uses easier words and pictures. Some people may still want help to read it.

Stop
Hello Eat
Words
Person Day Open

Some words are in **bold** - this means the writing is thicker and darker. These are important words in the booklet.



Blue and underlined words show links to websites and email addresses. You can click on these links on a computer.

It may not include all of the information but it will tell you about the important parts.



You may still want to read the full, non-Easy Read document which can be found here:

[Planning Mental Health Dementia Services Briefing Paper 30082024 \(eng\) \(nhs.wales\)](#)



There is more information on this website:

<https://ctmuhb.nhs.wales/contact-us/have-your-say/share-your-views-on-the-future-model-for-mental-health-dementia-services-for-older-persons-across-cwm-taf-morgannwg/public-engagement-opportunities-share-your-views/> .

Where the document says **we** it means
**Cwm Taf Morgannwg University
Health Board.**

What is engagement?



Organisations should **engage** with people before they make changes to services.



To engage means to **talk** to people about their thoughts, ideas and opinions and to **listen** to what they say. It is an informal process.



Engagement is different to consultation. Consultation is a formal process; this means it isn't just a chat.



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



This engagement aims to give you some information to **think** about.



It will ask you to share what you think.



We want to **listen** to what people have to say before we decide what to do next.

What is dementia?



Dementia is an illness that affects the way the brain works. It is when cells change in the brain. It causes different symptoms for different people.

What is this engagement about?



Cwm Taf Morgannwg University Health Board runs health services for people with dementia.



This engagement is about **Day Services** for people with dementia.



Day Services provide support for people living with dementia in the community.



People normally attend Day Services for 1 or 2 days per week.



There are also Day Services which are run by other organisations.

What dementia services are being discussed in this engagement?

3
three



There are three mental health Day Services for people with dementia run by Cwm Taf Morgannwg University Health Board.

These are:



Ty Enfys based in Keir Hardie Health Park in Merthyr Tydfil.



Lewis Merthyr based in Ysbyty George Thomas in Treorchy.



and Tonteg Day Unit based in Pontypridd Cottage Hospital in Pontypridd.

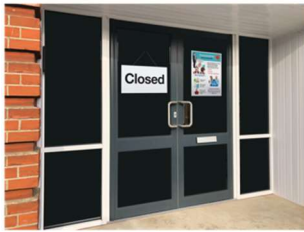
Why do services need to change?



Only a small number of people (around 87) with dementia can use the service now as there is limited space.



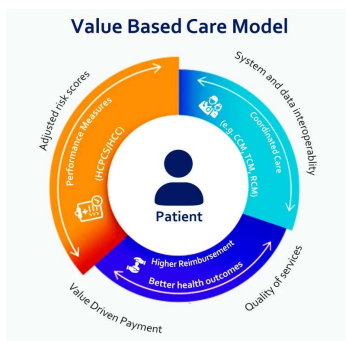
There are more people with dementia who need support now and in the future.



Two of the buildings are in a poor condition and need repair work to make them a comfortable **environment**.



Some people cannot use services because of where they live and the time it takes to **travel** to them.



We want our services to follow the principles of value-based healthcare.

Value-based healthcare means getting the best outcomes from care for the cost of achieving the care.



The three Day Services provide different services. This means the service people get depends on which Day Service they access. We think everyone should receive the same service no matter where they live.

How might the service be different in the future?

Questions



1. What do you think about it?

Good

Bad

Not sure



We want to know what you think about the service not being provided from fixed buildings like Ty Enfys, Tonteg Day Unit or Lewis Merthyr Day Unit anymore and a different service being provided instead.



The service could be provided in different places by a team of staff who go to the person's home or other places in the community such as community centres or care homes.



The service would be given by a team of different staff including specialist nurses, doctors, administrative support and allied health professionals.



We think that more people with dementia would be able to access the service if it was different.



It will focus on the needs of each person, in line with the Dementia Action Plan.



Nothing has been decided yet, this is just an idea.



Whatever change is made the people who need a health service for their dementia will get one.

How can you tell us what you think?



You can complete a survey which can be found here:

<https://forms.office.com/e/TqCnuMDSM1>

The Survey is not in Easy Read.



You can write to us at this address:

**Mental Health Dementia Services for
Older People
Glanrhyd Hospital
Angleton Clinic
Tondur Road
Bridgend
CF31 4LN**



You can email us at:

CTM.MHLD.ServiceEngagement@wales.nhs.uk

This document was written by Cwm Taf Morgannwg University Health Board and Cwm Taf People First.