

# Hello and welcome to ABFABB

**A** Brighter **F**uture **A**ltogether, **B**enefiting **B**ridgend or **ABFABB** for short is a community based engagement project dedicated to supporting Bridgend's LGBT+ (Lesbian, Gay, Bisexual, Transgender +) community, providing a vehicle for their voices and concerns across the whole spectrum of local services.

ABFABB is part of the Big Lottery funded [Community Voice: Needs Must / Pan fo Angen project](#).

The project currently facilitates persons aged 16 and over who live within Bridgend County Borough.

The main focus for ABFABB is to work towards three core objectives. They are:

- To **empower** Bridgend County Borough's LGBT+ community to have their voices heard in a meaningful manner;
- To enable Bridgend County Borough's LGBT+ community to influence local service provision through essential **skills training** and peer based workshops;
- To provide Bridgend County Borough's LGBT+ community with the opportunity to **engage** with local forums and groups to share experiences and gain peer support.

## Training services

As well as community engagement, ABFABB also provide a number of dynamic and thought provoking training packages and courses which draws on our experience of empowering LGBT people in Bridgend County Borough.

Provided free of charge, our courses primarily cater towards services providers, schools and service user, but each of the courses can be tailored to fit any specific needs or requirements that you may have.

## Service Providers

We deliver training that will help you connect with LGBT+ service users and deliver an LGBT+ inclusive working environment.

## Schools

We deliver awareness training packages for staff and support workers and can deliver short talk to assemblies, workshops and specific classes.

## Service Users

We provide training in confidence building and communication skills so you can engage effectively with the services that you need and contribute to community life.



**The Bridge Mentoring Plus Scheme is a registered charity – charity number: 1091536**