

OUR ACTIVITIES



MEMBERS' GROUPS:

Book Club - Every Monday 2-3.30 pm. £3 / £1 members

Whist - Every Monday 2-4pm £1 members

Sequence Dance - Every Tuesday 1-4pm £1 members

Creative Wednesdays - Every Wednesday 2-4pm £3 / £1 members

Yarny Army - Every Thursday 10-12 noon £2 / £1 members

OAP Group - Every Thursday 1-4pm £1 members

Sequence Dance - Every Friday 1-4pm £1 members

OTHER GROUPS AND CLASSES:

Quilters - 2nd Monday of the month 7-9pm

Shout - 3rd Wednesday of the month 10-12 noon

Tai Chi - Every Wednesday 12-1pm

Zumba Gold - Every Wednesday 7-8pm

Headway - 1st Thursday of the month 6-9pm

Relaxation - Every Thursday 6.30-7.30pm

Bridgevis - First Friday of the month 10-12 noon

Zumba Gold - Every Friday 7-8pm

Find us on Angel Street next to the Council offices

