

Bridgend



communities first
cymunedau yn gyntaf

Promoting and supporting
Health • Prosperity • Learning
...in your local community



T: 01656 643 514

**E: communitiesfirst@bridgend.gov.uk
www.commfirstbridgend.co.uk**

 **facebook.com/communitiesfirstbridgend**

 **[@C1stBridgend](https://twitter.com/C1stBridgend)**



What is Bridgend Communities First?

Our Welsh Government funded Communities First programme managed by Bridgend County Borough Council, aims to reduce poverty by improving education and skills, health and employment opportunities.

In selected postcode areas throughout Bridgend County Borough, our teams work with residents, community organisations, businesses and other key agencies to narrow the education, skills, economic and health gaps between our most deprived and more affluent areas.

Helping to increase people's employability and finances

Bridgend Communities First aims to increase people's skills and confidence to improve their chances when seeking work. Working alongside partners and new and existing local businesses, our teams help people develop employment skills, find work and provide support and advice in managing debt and raising income.



Developing family and adult learning

Bridgend Communities First supports young people to do well at school, helping families to become more involved in their children's education, raising adult career aspirations, increasing opportunities for those not in education, employment or training and building self-confidence and self-esteem.

Supporting healthier communities

Bridgend Communities First works within the local community offering cooking and nutrition sessions, healthy living information days, exercise classes and food management courses to promote a healthy lifestyle to improve physical and mental wellbeing.





**For further information on how Bridgend
Communities First can help YOU**

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Bridgend Communities First
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