

# Community Cafés

## Crossroads, Ogmore Vale

**Every Friday from 12.30 – 3.30pm**

Ogmore Vale, Cwrt Gwalia, CF32 7AJ

For further details call 01656 784100



## Crossroads, Porthcawl

**Every Wednesday from 12.30 – 3.30pm**

Porthcawl Trinity Church, CF36 3DT

For further details call 01656 784100

## Mental Health Matters Wales, Cefn Glas

**Mondays and Wednesdays from 10am – 3pm**

Westward Community Centre, Cefn Glas, CF31 4JR

For further details call 01656 651450

## Bridgend Carers Centre

**Every Wednesday from 12.30pm – 3.30pm**

Park Street, CF31 4AZ

For further details call 01656 658479

## Age Connects, Coychurch

**Every other Thursday starting 3 September 2015 from 10am – 1pm**

Williams Memorial Hall, Coychurch, CF35 5HB

For further details call 01443 490650

**For further details contact please  
contact organisations directly**