

Is Your Organisation Able To Help During the Pandemic Swine Flu Outbreak?

Bridgend Voluntary Sector Register (Main Contact)

Would your organisation be able to help during the pandemic flu outbreak? For example:

- a) Provide voluntary community transport and community drivers.
- b) Provide support at anti-viral collection centres.
- c) Provide “flu friends” to support housebound members of the public – collect antiviral prescriptions from their GP and obtain the patients medication from the pharmacy or collection centre as appropriate and deliver it to the patient.
- d) Be a community resource for swine flu information that is given to you by the Local Health Board.
- e) Be an ‘active’ organisation i.e. neighbourhood watch, street captain etc.
- f) Other (please state).

Main Contact Name <i>(Local if Possible)</i>	
Organisation	
Address	
Post Code	
Email	
Telephone Numbers	Mobile: Work: Home:
Organisation Response/Availability	
Available to work across the whole county borough or within designated communities/age groups based on your constitution?	Area: Groups:

<p>Material Resources Available to Organisation e.g. mobile phones, transport etc.</p>	
<p>I do/don't give consent for my contact details to be stored on the BAVO database.</p> <p><i>(Certain information can be withheld if requested e.g. home number. These withheld details will only be made available to the HSCWB Facilitator in Bridgend).</i></p>	<p>I do/do not (Please delete as appropriate)</p> <p>Signed.....</p>
<p>Number of Staff Able to Volunteer in the Event of a Flu Pandemic</p>	

Bridgend Volunteers Register (to be completed by individual members of staff)

Would you be able to help in the event of a pandemic flu outbreak? You could for example:

- a) Be part of a skills register i.e. retired nurses, doctors, vets, counsellors, pharmacists, dentists etc.
- b) Be a volunteer driver.
- c) Provide support at anti-viral collection centres.
- d) Act as a “flu friend” to support housebound members of the public – collect antiviral prescriptions from their GP and obtain the patients medication from pharmacy or collection centres as appropriate and deliver it to the patient.
- e) Be an ‘active’ citizen i.e. neighbourhood watch, street captain etc.
- f) Other (please state)

Name	
Organisation you work for or volunteer with	
Telephone Numbers	Mobile: Work: Home:
Available to work across the whole county borough or within designated communities/age groups based on your constitution?	Area: Groups:
Home Location e.g. Bridgend, Swansea etc.	
I can volunteer for the following: a, b, c, d, e (can be more than one).	
Have you had swine flu?	Yes/No
I do/don't give consent for my contact details to be stored on the BAVO database.	I do/do not (Please delete as appropriate)
(Certain information can be withheld if	Signed.....

requested e.g. home number. These withheld details will only be made available to the HSCWB Facilitator in Bridgend).	
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You can reduce, but not eliminate the risk of catching or spreading influenza during a pandemic by:

1. Covering your nose and mouth when coughing or sneezing, using a tissue when possible
2. Disposing of dirty tissues promptly and carefully – bag and bin them
3. Maintaining good basic hygiene, for example washing your hands frequently with soap and water to reduce the spread of the virus from your hands to your face, or to other people.
4. Cleaning hard surfaces (e.g., kitchen worktops, door handles) frequently, using a normal cleaning product
5. Making sure your children follow this advice.

**These measures are for your own health and to avoid spreading the illness to others.

What to do if you do catch flu:

1. Stay at home and rest
2. Take medicines such as aspirin, ibuprofen or paracetamol to relieve the symptoms (following the instructions with the medicines). Children under 16 must not be given aspirin/or ready-made flu remedies containing aspirin.
3. Drink plenty of fluids

For further information: visit (www.dh.gov.uk) for a guide from the Chief Medical Officer or contact: NHS Direct on 0845 4647 (calls charged at local rates) or visit:

www.nhsdirect.nhs.uk

www.dh.gov.uk/pandemicflu

www.immunisation.nhs.uk