



Co/ Older Peoples Strategy Coordinator
Bridgend County Borough Council
Sunnyside Offices, Level 4
Bridgend, CF31 4AR

01656 643529 / stuart.burge-jones@bridgend.gov.uk

10th September 2009

Dear Sir / Madam,

Bridgend County Borough Never Too Old Action Team is pleased to invite you to a conference being held on the 24th of November 2009 between 9.30am and 3pm at The Bethlehem Life Centre in Cefn Cribwr.

The conference is entitled **Meeting the Challenge of an Ageing Population** where we will be delighted to welcome Ruth Marks, Commissioner for Older People in Wales, to Bridgend. Ms Marks will give a presentation and also take part in a question and answer session.

Guest Speakers also include Abigail Harris - Director of Well Being, Cllr Lyn Morgan – Cabinet Member and Older Peoples Champion Bridgend County Borough Council and Clive Mort – Bridgend County SHOUT.

This will be followed in the afternoon by workshops covering a wide range of interest areas. Please see agenda enclosed.

To register your interest, I would be grateful if you could fill out the enclosed booking form, indicating which workshop you would like to attend by **Friday the 6th of November**. I would also be grateful if you could indicate whether you wish to ask a question of the Commissioner. Due to timing, if you do not have the opportunity to ask your question on the day we will ensure the Commissioners office respond directly in due course.

Yours sincerely,

Stuart Burge-Jones – Never Too Old Action Team





**‘Never too old . . .’
‘Byth yn rhy hen . . .’**

MEETING THE CHALLENGE OF AN AGEING POPULATION BETHLEHEM LIFE CENTRE

- 10.00AM** **REGISTRATION AND COFFEE**
- 10.30AM** **FORMAL OPENING AND ADDRESS – ABIGAIL HARRIS – DIRECTOR OF
WELL BEING BRIDGEND COUNTY BOROUGH COUNCIL**
- 10.45AM** **THE ROLE OF THE CHAMPION IN MAINSTREAMING OLDER PEOPLES
ISSUES– CLLR LYN MORGAN BRIDGEND COUNTY BOROUGH COUNCIL**
- 11.15AM** **THE ROLE OF OLDER PEOPLE’S FORA IN CHAMPIONING OLDER
PEOPLE’S ISSUES - CLIVE MORT SHOUT**
- 11.45AM** **RUTH MARKS - COMMISSIONER FOR OLDER PEOPLE FOLLOWED BY
QUESTIONS AND ANSWERS**
- 12.30PM** **LUNCH**
- 13.30PM** **INTRODUCTION TO AFTERNOON SESSION**
- MOVEMENT TO GROUPS**
- 13.35PM** **GROUP WORK SESSION 1**
- 14.20PM** **COFFEE BREAK**
- 14.35PM** **GROUP WORK SESSION 2**
- 15.00PM** **RECONVENE AND CLOSE** **PTO**

WORKSHOP CHOICES

1 VALUING OLDER PEOPLE – THIS WORKSHOP WILL CENTRE UPON ENABLING OLDER PEOPLE TO PARTICIPATE AS FULLY AS POSSIBLE WITHIN THEIR COMMUNITIES. AREAS OF DISCUSSION WILL INCLUDE:-

- POSITIVE IMAGES OF AGEING
- INTERGENERATIONAL PRACTICES
- COMBATING AGE DISCRIMINATION
- GETTING YOUR VOICES HEARD

2 A CHANGING SOCIETY – THIS WORKSHOP WILL CENTRE UPON ENABLING OLDER PEOPLE TO WORK, LEARN AND VOLUNTEER AND ENSURE OLDER PEOPLE CAN MAKE AN ACTIVE CONTRIBUTION FOR AS LONG AS THEY WISH. AREAS OF DISCUSSION WILL INCLUDE:-

- EMPLOYMENT AND RETENTION
- SKILLS AND LEARNING
- SUPPORT FOR CARERS
- LIFE LONG LEARNING
- VOLUNTEERING
- POVERTY
- TRANSPORT

3 WELL BEING AND INDEPENDENCE – THIS WORKSHOP WILL CENTRE UPON ENABLING OLDER PEOPLE TO PROMOTE THEIR OWN HEALTH AND INDEPENDENCE IN A SAFE ENVIRONMENT OF THEIR CHOICE. AREAS OF DISCUSSION WILL INCLUDE:-

- HEALTH PROMOTION
- HOUSING
- INDEPENDENT LIVING
- CARERS RIGHTS
- DIGNITY AND CARE
- MENTAL HEALTH

EACH PERSON WISHING TO ATTEND MUST FILL OUT AN APPLICATION FORM

REGISTRATION FORM

NAME:-

ADDRESS.....

.....

POST CODE.....

ORGANISATION

MY FIRST CHOICE WORKSHOP WOULD BE 1 2 3
PLEASE CIRCLE

MY SECOND CHOICE WORKSHOP WOULD BE 1 2 3
PLEASE CIRCLE

**WE WILL ENDEAVOUR TO ENSURE YOUR FIRST CHOICE WORKSHOP BUT RESERVE THE
RIGHT TO REALLOCATE.**

I WOULD LIKE TO ASK THE COMMISSIONER FOR OLDER PEOPLE A QUESTION:-

.....
.....
.....
.....
.....

**PLEASE RETURN THIS FORM TO
STUART BURGE-JONES
LEVEL 4, SUNNYSIDE
BRIDGEND COUNTY BOROUGH COUNCIL
CF31 4AR**

OR

STUART.BURGE-JONES@BRIDGEND.GOV.UK

FOR MORE DETAILS CALL 01656 643529