

BRIDGEND COUNTY BOROUGH COUNCIL
WELL BEING DIRECTORATE (ADULT SOCIAL CARE)

JOINT MENTAL HEALTH STRATEGY PLANNING TEAM
DRAFT MINUTES OF THE MEETING 30TH JANUARY 2009

1 WELCOME, INTRODUCTIONS AND APOLOGIES

Present

Zoe Wallace
Andy Fraser
Karolina Ashton
Angela Rees
Robert Goodwin
Selwyn Lewis
Colin Reeve
Peter Wakeford
Pat Nolan
Mark Wilkinson
Alison Gorrett
Jackie James
Jayne Painter
Richard Jones
Sarah Rees

Apologies

Ian Hibble
Wendy Anthony
Grenville Williams

Organisations represented were Bridgend Local Health Board, Bridgend Association of Voluntary Organisations, Bridgend County Borough Council, ABM NHS Trust, Carers Link, Community Health Council, Hafal, Service User and Carer Participation, Gofal Cymru and Mental Health Matters Wales

2 MINUTES OF THE LAST MEETING – 31ST OCTOBER 2008

The Minutes were agreed as a true and accurate record of the meeting.

MATTERS ARISING

Draft Food and Nutrition Action Plan

Final document will be going to the Bridgend Partnership Board on the 9th February 2009 to be signed off and endorsed. It will be formally launched during April.

3 UPDATE ON

3.1 Modernisation of Mental Health Services Full Business Case

Noted that the Project Board for the modernisation of mental health services had a very positive meeting during the week. The Board felt that it might be useful to have some joint proposals from BCBC around the development of day care services to Older People.

The base for the CMHTs is still outstanding, work is still ongoing and updates will be provided to the Planning Team. The integration of the CMHTs is progressing. It is proving difficult to identify an appropriate base for the 20 continuing care beds, further discussions are ongoing.

3.2 Mental Health Act Implementation

PW and RJ recently attended a meeting at the QED Centre, Pontypridd. There has been a series of workshops across Wales in relation to how the Healthcare Inspectorate Wales will be taking over the role of Mental Health Act Commissioners in relation to the monitoring of the MHA. Social Services also have a role to play within the Act. There is an arrangement whereby the Health Care Inspectorate will be working jointly to involve the Social Services Inspectorate in the monitoring of specific Social Services duties of the Act. Further information will be received about this from both Bodies. A much more holistic view will be taken and this was welcomed by all people who attended the work shop.

MK added that more training is to come. There have been no major changes noticed apart from a slight increase in tribunals, which PW noted. Clinicians have started to use Community Treatment Orders. A training agreement has been made with Wrexham LHB for approved Clinicians; some people have already registered to undertake the course. Eight DOLs/Best Interest Assessors across the area are being trained at the moment. Interviews for DOLs Implementation Officer interviews are to take place and will be in post by the end of February, who will work across Neath Port Talbot and Swansea.

3.3 Mental Health Race Equality Action Plan

This has been submitted on behalf of the Trusts, LHBs/and Local Authorities across Swansea, Neath Port Talbot and Bridgend during the Autumn 2008. No response has been received as yet. MK said that this suggests that the Plan has been accepted and noted that he felt that it was a fairly sound document. ZW said that there is a need to be mindful of the actions and implementation leads within the document. MK will speak to Dave Roberts about the administration of the Action Plan.

3.4 Continuing NHS Healthcare Bids

ZW said that in the October JMHSPT Partnership meeting 2 Adult Mental Health bids were tabled that were being put forward against continuing health care funding. Local executives did prioritise both of the bids, to expand the Hafal Charter Floating Support Scheme and the expansion of the Assertive Outreach Service from 60 to 80 places. Both bids then went to the Assembly for further consideration. The Floating Support Scheme was rejected by WAG on the assumption that it wasn't addressing continuing healthcare, however, the Assertive Outreach Service (AOS) bid was accepted. The total amount of the bids submitted was greater than the money that was available. All of the Local Partnerships were asked to then review the bids and trim them to bring them in line with funding. There is a need to clearly demonstrate how the bid fits in with continuing health care and how any new service development will result in cost savings in continuing healthcare.

It was agreed that there was a need for Psychology provision within the AOS Team; the CHC bid would be revised to reflect only psychology provision to support the repatriation of county placements and also to help prevent the need to send people out of county. The funding will be recurrent.

3.5 Improving Futures Strategy

A workshop was held last Friday which AF/MK attended. MK said that he found the workshop useful and informal. Items covered included comments and thought about the local action plan and the WAG national action plan. AF would be collating feedback following the workshop during February. Any comments are to be returned to AF by 10th February 2009, further information will be provided following this date.

There were positive comments made about the National Action Plan. However, a main concern was around the funding around the implementation of the Action Plan and there was a feeling that further information was required from WAG. MK noted that this issue was highlighted in the Local Authorities response to the Strategy.

ZW requested comments from the Planning Team, in order to provide feedback to WAG.

3.6 Let's Talk

MK said that the process is ongoing. Currently liaising with the Big Lottery Fund Manager for the Lets Talk Scheme, Zoe Smith. Service Level Agreement between the Trust and Voluntary Sector partners has been signed off. There will be a further meeting with the Big Lottery in February and the scheme is due to start in April, subject to the Big Lottery confirming the availability of the £1,000,000 funding that has been bid for. The local lead on suicide prevention within the Borough, Sharon Llewellyn, has now moved on. The proposal is that this post will now be taken up by someone within the Mental Health Directorate. ZW said more information on this will be provided at the next meeting of the Planning Team.

3.7 Eating Disorder Strategy

ZW noted that the Assembly has published a draft consultation Strategy. The Trust coordinated a workshop to look at the draft Strategy that came out earlier this month. A copy of the response to the consultation will be made available to the Planning Team. ZW noted that £1.2 million has been earmarked for eating disorder services in the One Wales document.

3.8 Community Health Council Inspectorate Reviews

PW noted that one of the roles of the CHC members are yearly visits to review health services, hospital wards/units etc. PWs role within the CHC has become very much Mental Health and LD based. PW said that he feels that the visits can be a bit over planned, notice is given of visits. Issues are flagged up and monitored during visits. PW said that monitoring reports are available and copies of Community Health Council Board papers are available from ZW.

4 ADULT MENTAL HEALTH SERVICES: FOLLOW UP REVIEW WAO

ZW said that the last review was in 2005. Notification was received last year that Steve Ashcrofts Team will be updating the Review. Fieldwork visits in Bridgend will commence the week commencing 23rd February 2009. Meetings with LHB members are taking place that week. MK said that Local Authority representatives have also made arrangements to meet. ZW said that that Team will also want to meet members of the Planning Team, Service Users and Carers. RG said that a schedule of meetings within the Trust has also been set up. ZW said that a draft report would be produced in the Summer, with publication of the Report in last 2009. ZW said that she has submitted the minutes of the Planning Team Meetings from the last 2 years and will be meeting as the Chair of the Planning Team.

5 SERVICE USER AND CARER AND VOLUNTARY SECTOR FEEDBACK (AG)

AG feedback from the meetings held in December and January. There has been concern about the continuation of the Service User and Carer Participation Post. At the last meeting there was some discussion about the Lets Talk consultation, which Tania Dickinson drafted a response to on behalf of the Network. Wendy Anthony, Clinical Services Manager, attended the meeting, which was greatly appreciated. She spoke about changes in the Princess of Wales Hospital and Coity Clinic. There was a feeling that the chaplaincy service was under used within Coity Clinic, which was feedback to WA. An admission pack is being developed. Consideration was given to more activities for inpatients and space for a carer's suite. There was also discussion about a single point of access to services. Male and female wards are an ongoing issue.

The meeting at the beginning of January, AG was unable to attend. The Network was informed at that meeting that AG would be caretaker of the post prior to negotiations with Hafal and the Partnership. There was considerable discussion around employment issues and issues of discrimination particularly where service users might be applying for employment or as a volunteer. The need for feedback when someone is attempting to get back into employment was noted.

The next meeting will be held on Monday 3rd February 2009.

CARERS LINK (SL)

The last meeting was attended by the Rev. Richard Spencer, with whom there was a very full and free ranging discussion. The Reverend agreed to take appropriate issues raised during the meeting to the Partnership Board if necessary. SL said that the group had been awaiting information on dental services and asked ZW if she had received any further information regarding this? ZW said that there had been a delay in providing information, but that it was now available. ZW also noted that a generic dental leaflet has now been put together and also some briefing information, which she would forward to SL in time for the next meeting. ZW said that she would also arrange for a colleague from the LHB to attend the next meeting.

6 FEEDBACK FROM SUB GROUPS

Service Planning Team (ZW)

Main item of discussion was the report by Dave Hughes, on the CMHT capacity audit. The action plans that came out of that report were reviewed, recognising that some of the actions have already been completed. The remainder of the actions have been transferred into the CPA group. The Planning Team should have seen Dave Hughes report and the presentation. More information will be feedback to the Planning Team at future meetings.

The Mental Health Development Grant slippage which BAVO were holding on behalf of the Planning Team was also discussed. Two proposals were put forward for the £3,500 which was left. One was to support the Samaritans campaign, raising ongoing awareness around suicide prevention (£2,500 allocated to that). The remaining £1,000 will be used to commission 2 courses of the mental health first aid training, from Mental Health Matters. This will be coordinated through the Training Sub Group and the National Training Plan.

A number of other issues were also raised during the meeting. One issue was what we are doing as Partners to address the outfall of the 'credit crunch' across the Borough. ZW said that the local Service Board in Bridgend has started to look at this issue. The Director of Public Health has put a Paper together which will go to the Partnership Board next week. ZW proposed that once it has gone to Partnership Board, the Paper will be circulated to the Planning Team. Also the WLGA has recently released a Paper on how Local Authorities should be responding to the credit downturn; this will also be circulated to the Planning Team.

Another issue discussed was the Assembly's consultation on the Homelessness Strategy. ZW said that the document and a copy of a presentation would be circulated to the Planning Team. A presentation is being given to the Partnership Board, which members of the Planning Team were welcome to attend.

MW referred back to the CPA and said that it should be recognised as a Sub Group of the Planning Team and asked the Planning Team to consider this. MW noted that the function and desired outcomes from the group needed to be given consideration. More information is to be provided at the next meeting of the Planning Team.

Training Sub Group (MW)

More information on this years training plan will be circulated by the next meeting of the Planning Team. MW noted to members of the Planning Team the importance of completing the recently circulated questionnaires which will inform next years Training Plan.

MW picked up on the issue raised in the last meeting regarding catering costs at Training events. ZW said that it was important to be mindful that the Training budget was shrinking. MW said that he would be guided by the Planning Team, but would take it to the Training Sub Group for further discussion.

Mental Health Promotion Sub Group (AF)

The group met earlier this month. The group are looking at developing an action plan around items that the group would like to achieve within the year. This will hopefully be signed off at the next meeting in February. The group are considering the development of a Mental Health Promotion website for the Borough and are linking with somebody who uses Mental Health Services and is proficient at developing websites.

Interface Planning Sub Group

Despite PS absence, it was noted that the group met in December 08, no minutes have been circulated as yet.

ZW reminded the Planning Team that the remit of the Group was set up to replace the Acute Services and Community Services sub group, looking at outreach, crisis resolution, hospital services etc. The group were going to set up new terms of reference, new work programme etc.

Dual Diagnosis Sub Group (ZW)

ZW received a brief from Dr B Craddock. There was a workshop held in November. Dr Craddock is still to review the workshop notes. A Dual Diagnosis lead has been identified in the Trust, Malcolm Jones, Crisis Resolution Manager.

Daytime Opportunities Sub Group (KA)

The group will be meeting next week. KA said that lots of work has been done outside of the sub group around service users moving on from ARC, which will be feedback at the next meeting. There are still issues around the social network side of the development, RJ is charged with looking at this issue and has been working with AF around this. KA said that more information on the viability of the Business Plan will be available for the next meeting of the Planning Team.

7 LOCAL MENTAL HEALTH ACTION PLAN (ZW)

Monitoring Return Quarter 3

Information has been received from Chairs of the sub groups. Any further items for inclusion should be forwarded to ZW by next week, as the Return needs to be with the Assembly by the 6th February 2009.

The submission of the Race Equality Action Plan will be included in the Return. Lets Talk is also to be noted in the Return.

8 LOCAL MENTAL HEALTH DEVELOPMENT GRANT UPDATE

April – September 08 expenditure

ZW went through the report presented to the Planning Team. ZW said that 3 priorities have been identified (Gateway Workers, Community Advocacy, Dual Diagnosis) at the previous meeting for consideration against the development grant of £26,744. The group discussed the merits of each of the priorities. The Planning Team agreed to prioritise Community Advocacy for three year funding 2009-12, and discussed whether the service could be directly commissioned or would need to go through a tender exercise. Zoe agreed to check this with the LHB and report back to the Service Planning and Development team.

ZW asked each sub group chair to re check their key tasks within the Action Plan. Further discussions would then take place at the Service Planning sub group.

9 WAG CONSULTATION “Talk To Me”

ZW said that Hafal and Mind have been commissioned by WAG to undertake a Service User and Carer Research project, called a Voice for Mental Service Users and Carers in Wales. ZW circulated an introductory letter, a brief about the project, time lines regarding the research and a request for contact details. ZW has responded as the Chair of the Planning Team indicating her agreement in supporting the research.

10 DATES OF FUTURE MEETINGS

Friday 27th March 2009

Friday 29th May 2009