

**Bridgend Third Sector
Health, Social Care & Wellbeing Network**

Wednesday 23rd September 2009, 1pm – 4pm

**at the Board Room, Bethlehem Church Life Centre,
Bridgend, CF32 0AA**

Present

Alison Chapman	Wales & West Housing Association
Kathleen Hierons	Parkinson's Disease Society
Mal Reeves	Llynfi Valley Forum
Karyl Carter	The Stroke Association
Paula Hall	Bridgend Carers Centre
Bethan Davies	Clybiau Plant Cymru Kid's Club
Kate Kinsman	Age Concern Morgannwg
Lesley Bruno	Llamau Bridgend Supported Housing
Jackie Graham	Trinity Care & Support
Brenda Farley	Trinity Care & Support
Helen Hawes	The Wallich
Roxane Dacey (Chair & Minutes)	BAVO

Apologies

Lesley Moris	Epilepsy Wales
Olli Rees	Epilepsy Wales
Gill Davies	
Alison Mawby	KPC Youth
Saz Willey	Bridgend CAB
Lynda Francis	Scope Cymru

2. Terms of Reference

The group looked at the draft Terms of Reference and RD asked for comments and suggestions. MR suggested that the last objective should be extended to good practice in the wider sense, not just locally. Group agreed that the voluntary sector needed a voice and would like the opportunity to be involved in consultations. Some of the group would also like to hear about funding opportunities available to their groups and organisations.

Action

RD to make any amendments to Terms of Reference and circulate with minutes.

The group agreed that the agenda was a good template for future meetings and determined that quarterly meetings would be achievable. PH suggested that someone from the Re-ablement Team come to speak at a future meeting.

Action

RD to set future dates for the year (on a quarterly basis) and invite the Re-ablement Team to attend to speak to the group.

3. Information Sharing

Trinity Care and Support (BF)

Provides a sitting service for carers of people with learning disabilities at home, a Day Club for people with learning disabilities and a shopping service. All of these are for the Porthcawl area.

JG added that Trinity Care and Support received funding from the Active Young People's Partnership to provide taster sessions to promote and increase physical activity and healthy eating amongst their clients. They are aiming for their clients to be active within the local community. Trinity Care and Support are currently finding it difficult to find a venue large enough to suit their needs and that is available on a regular basis.

Action

If anyone has any ideas for suitable venues, please contact JG or BF.

The Wallich (HH)

Based in Park Street in Bridgend. They provide support for homeless people in Bridgend County. Outreach to rough sleepers giving out food, drop-in centre in the morning providing advice on issues such as housing, floating support unit providing financial advice. Skills training, leading to employment.

Bridgend Carers Centre (PH)

Provides support to unpaid, family carers. They have drop-in's, benefits advice, coffee mornings, home visits, trips and activities. PH brought the organisations latest newsletter for the information table.

The Stroke Association (KC)

KC is the only worker from The Stroke Association based in the community and provides a generic group on Mondays (open to anyone affected by stroke), group in Maesteg on Tuesdays providing activities such as IT, art classes etc., a group for people with speech and language difficulties on Thursdays and a shooting group on Fridays.

Age Concern Morgannwg (KK)

Provides a Hospital Discharge Service for people over the age of 50 years. The service provides assistances for one hour per week to help out with

shopping etc. The service is put in for 6 – 8 weeks and then the client is signposted after this time if required (e.g. to Social Services). Age Concern Morgannwg also provides information, benefits advice and help with completing forms. There is a drop-in every Monday from 10am – 12pm at the Council Office and a lunch club at Pencoed Comprehensive School on a Tuesday and Thursday (lunch is £3.50). There is also a project with Health and Social Care students working towards their NVQ; working with older people to create memory books.

Clybiau Plant Cymru Kid's Club (BD)

Provides out of school hours kids clubs. BD is looking for funding to deliver training on healthy eating and physical activity to improve children's confidence and fitness levels. BD stated that in 2016 85% of people in Wales are going to be obese; the current concern is childhood obesity.

Llamau Bridgend Supported Housing (LB)

Provide supported accommodation to young people leaving care, young offenders or young people who are homeless or vulnerably housed. Llamau support teams help service users to gain the skills necessary to maintain a tenancy. Bridgend has a mediation service and support people from ages 16 – 24 years.

Wales & West Housing Association (AC)

AC supports residents in Bridgend's Retirement Housing Schemes providing help or advice about their home or issues within the community. AC often finds that the residents are not aware of the services available to them locally.

Parkinson's Disease Society (KH)

KH provides support, information and advice to people affected by Parkinson's disease in Bridgend, Neath Port Talbot and Swansea. Staff often work from home, but go out in the community. The Parkinson's Disease Society have campaigns to displace the myths about Parkinson's disease. They also have a research department and a Training Officer that provides training to social services and to care home staff.

Bridgend Association of Voluntary Organisations (Health, Social Care and Wellbeing) (RD)

- RD told the group about the Health, Wellbeing and Support Directory available on the NHS Direct Wales website. Any voluntary organisation or community group can register their details by completing the application form and returning it to Gareth Wyn Thomas (details at the end of the form) or to RD who will forward it on.
- There is a 'Working in Partnership to Improve Health' conference on Tuesday 13th October 2009. The conference will provide an opportunity for the voluntary sector to meet the new members of staff from the ABMU Trust.

- **Keep Well This Winter** campaign has begun and will run from September 2009 – March 2010. For a **free** information pack contact Bridgend Public Health Team on 01656 754431. Further information is available from www.kwtw.org.uk and Bridgend Local Health Board, www.bridgendlhb.wales.nhs.uk

There was a suggestion from the group that an information pack be created. The information pack would contain information on the services available from the voluntary sector in Bridgend.

Action

Idea to be re-visited at the next meeting.

4. **David Parratt (Health Improvement Officer)** gave a presentation on The Health Improvement Agenda.
5. **Peter Mannion (HSCWB Partnership Manager)** gave a presentation on the Annual Report (2008 – 2009) of Bridgend's HSCWB Strategy.
 - AC raised the issue of accessibility for the physical activity prescription from the G.P. e.g. difficulties with getting an appointment and transport links. PM agreed that this was an issue and that they are promoting partnership work to tackle these problems.
 - BD asked about Health, Social Care and Wellbeing grants available locally for the voluntary sector groups. PM confirmed that there is not a HSCWB grant available in Bridgend, although there are other grants available e.g. Community Chest Fund.

Action

RD to circulate the presentation with the minutes (as requested by the group).

A.O.B.

Future HSCWB Network Meetings:

- **Wednesday 16th December 2009, 1pm – 4pm**
- **Wednesday 24th March 2010, 1pm – 4pm**
- **Wednesday 23rd June 2010, 1pm – 4pm**
- **Wednesday 22nd September 2010, 1pm – 4pm**

(Venues to be confirmed)